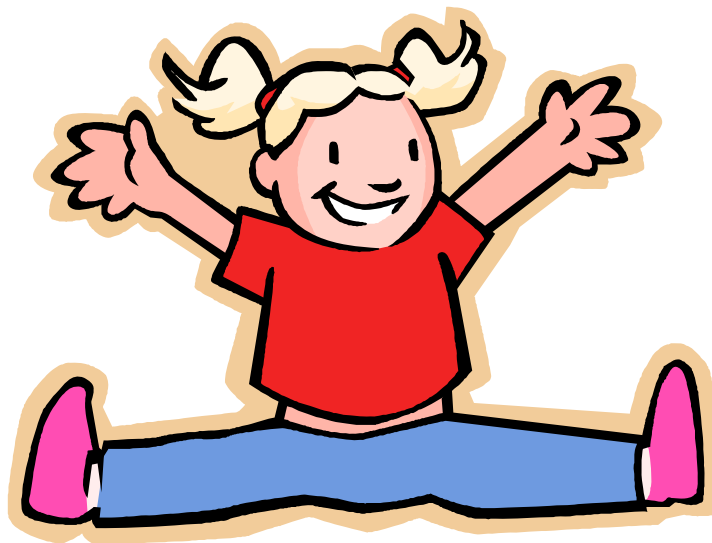


Humans and Our Bodies



Year 1
Home Learning
Autumn 1

Science Home Learning

Learning Intention - to know that there are many different types of food and that humans need a balanced diet to be healthy.

Activity - keep a food diary for one week in words or in pictures. You can use the table on the next page or make your own way of presenting the information.

Think about whether you have eaten a balanced diet during the week you were keeping the food diary.

Remember to - keep a record of everything you eat and drink for one week; look at what you have eaten each day and identify the healthy and unhealthy items.

Please return to school by Friday 17th October

	Breakfast	Lunch	Dinner	Snacks
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
Sunday				

Numeracy Home Learning

Our Numeracy learning is about counting objects to 20 and beyond. We have also been practising writing numbers to 20.

Learning Intention – to count reliably at least 20 objects and record the number counted.

Remember to – check your counting by touching each object as you count it.

Activity – choose something in your home that has more than 10 parts (e.g. a jigsaw puzzle, a packet of pasta, etc.). Count all the parts and check that you have counted them correctly.

Draw/stick and number all the objects that you have counted on the sheet.

Does the number change if the objects are moved around? Try it and see!

Please return to school by Monday 15th September

Literacy Home Learning

In Literacy this half term we will be learning to listen to, read and write stories with familiar settings.

Learning Intention – to identify a story setting.

Remember to – look for specific details that describe the setting.

Activity – read a story that you enjoy. With an adult talk about who the story is about (characters), where it takes place (setting) and what happens (events).

Create a drawing, painting or collage of the setting from your story. Can you pick out any specific details from the description of the setting? Remember to include the title of your book on your picture.

Please speak to your class teacher if you need paper.

Please return to school by Friday 28th September.

PSHE Home Learning

This half term we are thinking about being healthy.

Learning Intention – to identify ways that I keep my body clean and healthy.

Remember to – choose something that you do every day.

Activity – complete your chart by thinking of three things that you do to keep your body clean and healthy. You could write or draw a picture. This can be something that you do at home or at school (e.g. washing your face, brushing your teeth, eating fruit for snack) but it must be something you do every day.

Extension – challenge other members of your family to think of other things that they do to keep clean and healthy.

You can keep your chart at home to remind you to do these things every day.

Keeping Healthy Chart

Every day I do these things to stay clean and healthy:

Activity:	Where – home/ school?